## Be the Change workshop

The Salesian Cosmology Group carried a spring event recently which was held in Don Bosco Centre, Limerick. This was a transformative educational workshop that explored the role of people can play in creating a healthier future for us all. It was structured on the programme 'Be the Change' which is sourced in the alliance between the indigenous Achuar tribe of the Amazon and North Americans formed in the

mid eighties, which is called the *Pachamama Alliance*. The purpose of the workshop was centre to the presentations; 'Bringing forth and environmentally sustainable, spiritually fulfilling, socially just human

presence on this planet.'

Ignite your passion and be moved to take a powerful stand for the planet and life itself *Pachamama Alliance* 

Lonán lights the candle of hope

"You must be the change you wish to see in the world."

It was heartening to have a good number attend the event and as you can imagine this added to the energy and dynamic in the group. We got very positive feedback and the odd bit of advice also which always keeps us on our toes. People felt there was a lot to take in, but then there is a lot of material out there for people to engage with going forward.

Be the Change programme presents the reality in terms of

degradation of earth's resources and ecosystems, questions our human impact on planet earth, but it closes with hope that whatever measure each individual or group may take to stem the 'unbridled consumerism' has genuine positive implications for all areas of our planet.

Participants enjoying a break!



The words of Pope

Francis gave true meaning to the urgency of engaging in **Be the Change**: 'The earth's resources are being plundered because of short-sighted approaches to the economy, commerce and production...each year sees the disappearance of thousands of plants and animal species which we will never know, which our children will never see... The great majority become extinct for reasons related to human activity'. L.Si 32,33

